

st.martin's | nursing
home

care within a homely atmosphere

DAILY ACTIVITIES

MONDAY

Bingo Bonanza, Board Games, Jigsaws.

TUESDAY

Nostalgic Sing along Session, Ball Exercises to Music.

WEDNESDAY

Gentle Exercises to Music, Seasonal Craft Sessions (pre-Christmas & Easter).

THURSDAY

Lucky Numbers Bingo, Card Games.

FRIDAY

Music & Rhythm Session with Musical Instruments, Jigsaws.

PLUS walks to the local shop everyday (weather dependent)